A FUTURE FOR ALL OF US
A Report on Phase 1 of the Butterfly Lab for Immigrant Narrative Strategy

Narrative Design Toolkit

BY JEFF CHANG, NAYANTARA SEN, JANET L. TREIBITZ, SARA ABDULLAH, AND KANA HAMMON
Table of Contents

29 Introduction
30 Our Terms and Definitions
32 Narrative Project Design
   33 Design Star
   34 Design Star Worksheets:
      34 Narrative Pyramid
      37 Audience
   40 Goals
   41 Form
   43 Step-by-Step Narrative Project Design Guide
50 An Introduction To Narrative System + Ecosystem
53 Toolkit Acknowledgments and Credits
Introduction

WELCOME STORYTELLERS, DREAM WEAVERS, AND COMMUNITY BUILDERS,

Cultural change precedes social change. Narrative drives policy. That is why we must be as strategic and rigorous in building narrative power as we are in building all other forms of power.

This guide, which was developed in the Butterfly Lab for Immigrant Narrative Strategy, will help you get started in thinking about narrative, articulating your narrative strategy, and designing and implementing your narrative projects. By narrative project, we mean any activity that advances narrative goals, including messaging campaigns, social media campaigns, videos, art installations, street theater, deep canvassing, direct actions, mass mobilizations, and more. The tools here will allow you to analyze the narrative terrain, sharpen your narratives, identify and reach your audiences, and choose the most effective forms and platforms to reach those audiences.

Narrative work is about meaning-making and transformation. Social movements have always been explicit about thinking and working to build power. We want to build and sustain power for narratives that enable us to make the world we want. Winning is about making our narratives the dominant narratives and then defending them. Transforming people's worldviews and belief systems, and creating the sustainable cultural conditions for them to choose, behave, and act differently is the deep and rigorous work of building narrative power for social justice.

Before you embark on your journey, you may want to read our Butterfly Lab report. We elaborate on our theory and practice there. But you don't need to do that to get started. To make the best use of the toolkit, we recommend first grounding yourself in our Key Definitions.

The Narrative Design Star will orient you to the process of aligning your narrative goals, impacts, audiences, and forms, so that you can create nuanced and strategic projects that move your audiences towards pro-immigrant narratives. This toolkit also includes a set of worksheets to support your ideation and design, and a comprehensive step-by-step Narrative Project Design Guide. We then introduce you to our concepts of the Narrative System and Narrative Ecosystem to help you think about how you can collaborate with others to move your narrative work over time, across audiences, and at different scales through strategic alignment.

NOW LET'S GET STARTED!
Our Terms and Definitions

LANGUAGE IS ALIVE — and as it transforms and shifts in response to emerging cultural conditions, it also helps us create new meaning and new connections. At the time of this publication, there are multiple organizations, networks, and leaders that are helping to define the field, practices, and frameworks of narrative and cultural strategy. There are several definitions and interpretations of narrative and cultural strategy; many of them are complementary, even though parts of our field use different words to describe similar or interrelated concepts. In the Butterfly Lab, we have leaned heavily on thought leadership and definitional work that came before us, and from collaborators and guides in the field. We define the following terms, concepts, and practices this way:

**MESSAGE**
Hashtags, slogans, ideas, taglines that serve as reminders of what we think and how we might choose to act. They are most often used in the context of campaigns and strategic communications. The best of them become narratives.

**STORY**
Stories have discrete elements and building blocks such as characters, setting, conflict and action that unfold through a plot, over an arc. Human brains are wired to interpret and create meaning through stories, so stories are the basic unit of change.

**NARRATIVE**
An array of related and connected stories and messages on a particular subject, issue, or problem. They suggest causes, problems and solutions. We interpret stories and messages through them. Narratives evoke emotion, offer analysis, and suggest action; they tell us how we should feel, think, and act. Narrative is the level at which society moves.

**DEEP NARRATIVE**
Narratives, in turn, are held together by underlying frameworks and values we call “deep narratives.” These deep narratives constitute worldviews, the ways in which people understand their world.

**NARRATIVE STRATEGY**
Narrative strategy is the praxis of using stories, messages, and narratives in a purposeful way to move people toward the narratives, deep narratives, and worldviews we want to advance.

**CULTURAL STRATEGY**
We like the definition used by the Center for Cultural Power — “Cultural Strategy is a practice that leverages the catalytic and emotional power of culture and the arts to shift attitudes, behaviors, resources, narratives and power.”
Narrative System

We define a narrative system as a set of deep narratives that together describe the worldview we want to activate at a majority level. A narrative system provides a “destination” to ground narrative projects ranging from rapid-response and policy campaigns to cultural strategies and longer-term narrative work. It sets our values, helps us to find alignment and consensus across projects and timelines, and allows us to connect our work with other social movements.

Narrative Ecosystem

We define a narrative ecosystem as a network of connected individuals and organizations that can share knowledge, expertise, skills, ideas, capacities, and work to advance a narrative system across a diversity of fronts and along different timelines.

Core Audience

A core audience is an audience whom we consider to be fundamentally in agreement with us already. Usually, our goal is to shore up and activate our core audiences to act in the ways that we need, and to lead others to do the same.

Stretch Audience

A stretch audience is an audience whom we need to have on our side to win. Our goal is to make our stretch audiences into our core audience. Often, we will need to flex new muscles to understand, reach, and convert them.

A Few Additional Definitions and Resources

» Narrative Initiative’s Glossary of Terms in Toward New Gravity
» Narrative Initiative’s Resource Library, including webinars, worksheets, and case studies
» Pop Culture Collaborative’s Key Definitions - Pop Culture for Social Change
Tools for Narrative Project Design

IN THIS SECTION OF THE TOOLKIT, we offer you a set of tools developed through the Butterfly Lab to guide you through the narrative design process.

If you can, we recommend that you build in a process to test your work in a smaller prototype form. A prototype is simply a small test to see which parts of your project work. Narrative projects rarely achieve their desired reach, impact and activation in their first attempts. The value of narrative prototyping lies in being able to test new ideas quickly in a short amount of time. In the pro-immigrant movement, stakes often feel urgent and high, and risk is highly discouraged. But in a narrative design process, “failure” is as great a teacher as “success.”

Use these tools to design and implement narrative projects, pausing and returning to the drawing board to iterate, re-design, test, and adjust. Projects may need to be tweaked a few times before you can hit the four corners of the Narrative Design Star and land on the clearest, testable articulation. Adjusting your design based on your audience’s reactions and its impacts (versus your anticipated impacts) can inspire changes of all kinds. Thoughtful prototyping requires your team to be clear, rigorous, focused, and aspirational in design, while also holding assumptions lightly and being open to learning and change.

HERE YOU WILL FIND

1. The Narrative Design Star to act as your design compass - a framework with correlated worksheets to make sure you have the most key elements of narrative design in place.
   » The Narrative Pyramid Worksheet to help you shape, refine, and align your narrative strategy.
   » The Audience Worksheet to help you get as concrete and specific as possible about your audiences.
   » The Goals Worksheet to help you clarify both your narrative and project goals.
   » The Form Worksheet to help you brainstorm what form your narrative project will take.

2. The Step-by-Step Narrative Project Design Guide to bring all your design elements together, engage a last round of revisions and iterations, and finalize your project details.

3. An Introduction to Narrative System and Ecosystem to think strategically about possible collaborations and help you ground your work in shared deep narratives for the pro-immigrant movement.
Narrative Design Star

Our Design Star illustrates the key elements you need for a strategic narrative project. You can start a design process from any point on the star. The starting point will guide the logic for making choices around the other points. For instance, if you start by knowing what audience you want to engage, then that choice will naturally lead you to choose a narrative, goals, and a project form that have the potential to reach and resonate with that audience.

We invite you to use this star as a compass for your design process. Choose where to start based on what makes the most sense for your priorities and context. Then use our worksheets to help you develop and iterate each point of the star.

We recommend gathering your team and going through this design process together. Once you have made your way through all of the Design Star worksheets, you’ll have the essential elements you need for an effective narrative project. The final Step-by-Step Narrative Project Design Guide will help you bring it all home and turn your project design into a plan.

**Design Step One**

Use the Design Star and linked worksheets to clarify your key design elements.

**Design Step Two**

Use the Step-by-Step Narrative Project Design Guide to bring all your design elements together, finalize your design decisions, and map out the concrete details.
Narrative Pyramid Worksheet

**THE NARRATIVE PYRAMID IS A TOOL** to help us understand how messages, stories, narratives, and deep narratives work together to produce and reinforce values, attitudes, emotions, and actions around a particular issue or problem. It helps us to see how the opposition stacks its message, stories, narratives, and deep narratives, and how we need to construct our own narrative pyramids to advance pro-immigrant narratives.

Aligning your messages, stories, and narratives with the selected deep narratives is important for moving people toward the world we want to make. For example, we want to avoid launching short-term messaging campaigns that may reinforce harmful narratives. A robust narrative strategy links, aligns, and reinforces all four parts of the Narrative Strategy Pyramid from deep narratives down through messages.

The following worksheet is designed to help you — along with your team and collaborators — to analyze the narrative terrain and identify gaps and opportunities for narrative strategy and alignment in your work.

**STEP 1: FILL OUT THE NARRATIVE PYRAMID WORKSHEET**

Complete the narrative pyramid worksheet. We recommend that you work through both sides of the pyramid tool to map your desired narrative against the opposition narrative. Also, you may want to reference our Narrative System to see if any of the deep narratives developed by movement leaders in the Butterfly Lab could be useful to you. We’ve provided a sample worksheet based on the “Love is Love” narrative from the Marriage Equality movement, in case that is helpful.

**STEP 2: CHECK YOUR NARRATIVE ALIGNMENT**

After you’ve filled out the Narrative Pyramid, use the guiding questions below to return to your side of the Pyramid and recheck each level in terms of alignment.

☐ Do your deep narratives, narratives, stories, and messages all align with the vision of the world you are trying to build? If not, how can you make your side of the Pyramid describe more of the future that you want?

☐ Might any part of your stories, messages, or narratives inadvertently reinforce harmful dominant narratives about immigrants, migrants, or refugees? If so, what adjustments can you make to eliminate or subvert those harmful narratives?
# Sample Narrative Pyramid

**Marriage Equality Narrative**

<table>
<thead>
<tr>
<th>Opposition</th>
<th>Ours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deep Narratives</td>
<td>The underlying frameworks and values that form a worldview.</td>
</tr>
<tr>
<td>Tradition</td>
<td>Equality</td>
</tr>
<tr>
<td>Stability</td>
<td>Inclusion</td>
</tr>
<tr>
<td>Scarcity</td>
<td>Love</td>
</tr>
</tbody>
</table>

| Narratives | Deep Narratives | \n|-------------|----------------|\n| An array of related stories and messages that together evoke emotion, offer analysis, and suggest action. | The underlying frameworks and values that form a worldview. |

<table>
<thead>
<tr>
<th>Stories</th>
<th>Stories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stories of love and commitment between a man and a woman</td>
<td>Stories have characters and a story arc. They create meaning and are the basic unit of change.</td>
</tr>
<tr>
<td>Stories of love and commitment between a man and a woman</td>
<td>Stories of love and commitment between same-sex couples</td>
</tr>
<tr>
<td>Stories of people supporting their LGBTQ friends’</td>
<td>Stories of people supporting their LGBTQ friends’</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Messages</th>
<th>Messages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hashtags, slogans, ideas, taglines that remind us of what we think and how we might choose to act.</td>
<td>Hashtags, slogans, ideas, taglines that remind us of what we think and how we might choose to act.</td>
</tr>
<tr>
<td>Marriage is between man and wife Rights aren’t just handed out</td>
<td>Love is love</td>
</tr>
</tbody>
</table>
### NARRATIVE PYRAMID WORKSHEET

<table>
<thead>
<tr>
<th>OPPOSITION</th>
<th>OURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEEP NARRATIVES</td>
<td>DEEP NARRATIVES</td>
</tr>
<tr>
<td><em>The underlying frameworks and values that form a worldview.</em></td>
<td><em>The underlying frameworks and values that form a worldview.</em></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NARRATIVES</th>
<th>NARRATIVES</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>An array of related stories and messages that together evoke emotion, offer analysis, and suggest action.</em></td>
<td><em>An array of related stories and messages that together evoke emotion, offer analysis, and suggest action.</em></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>STORIES</th>
<th>STORIES</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Stories have characters and a story arc. They create meaning and are the basic unit of change.</em></td>
<td><em>Stories have characters and a story arc. They create meaning and are the basic unit of change.</em></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>MESSAGES</th>
<th>MESSAGES</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Hashtags, slogans, ideas, taglines that remind us of what we think and how we might choose to act.</em></td>
<td><em>Hashtags, slogans, ideas, taglines that remind us of what we think and how we might choose to act.</em></td>
</tr>
</tbody>
</table>
Audience Worksheet

**IDENTIFYING YOUR AUDIENCE**

1. Based on your completed narrative pyramid worksheet, who do you want to reach?

<table>
<thead>
<tr>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Primary Audience</strong></td>
</tr>
<tr>
<td><em>This is the audience you are directly targeting with your project.</em></td>
</tr>
<tr>
<td><strong>Secondary Audience</strong></td>
</tr>
<tr>
<td><em>This is an audience who might encounter your project, and whom you have some intention to engage, but who is not your primary target.</em></td>
</tr>
<tr>
<td><strong>Opposition</strong></td>
</tr>
<tr>
<td><em>This is an audience who will resist or challenge your project. You will likely not target them directly, but it will be important to anticipate their reactions.</em></td>
</tr>
</tbody>
</table>
2 Why focus on this particular primary and secondary audience? What are the strategic benefits of reaching these audiences?

3 What do your audiences care about?

<table>
<thead>
<tr>
<th>CORE VALUES</th>
<th>WHAT MOTIVATES THEM</th>
<th>WHO OR WHAT INFLUENCES THEM?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Audience</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Secondary Audience</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Opposition</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4 Where are they? Where will you reach them?

<table>
<thead>
<tr>
<th>Where do they spend time? (be specific about their places of engagement)</th>
<th>What do they do for fun/learning/improvement/spiritual experiences?</th>
<th>What media/art/culture/influencers do they engage?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Audience</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Secondary Audience</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
5 What challenges do you foresee in reaching these audiences?

6 How might your audiences receive and react to your selected narrative?

<table>
<thead>
<tr>
<th>Primary Audience</th>
<th>What about your narrative would resonate with them?</th>
<th>What confusion or disconnection might they experience?</th>
<th>What might they not understand?</th>
<th>What criticisms might they have? (e.g. if dominant narrative is winning)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Secondary Audience</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Opposition</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

7 How might your opposition react to your narrative?

8 How might your opposition’s reaction to your narrative strategy help build your audience? How might you create narrative on-ramps or conditions to favorably activate your secondary audiences? (We’re playing narrative chess here — project the reaction to the reaction.)
Goals Worksheet

This worksheet helps you clarify and distinguish between your narrative and project impact goals. In cases where the project impact goal is to have a narrative impact, both goals will be the same. Other projects will have distinct goals.

For example, if you are trying to pass a progressive border policy and you want to challenge the “lawless border” narrative in your project, then your project impact goal might be “to compel lawmakers to support our policy vision and pass our proposed bill”, while your narrative goal might be “to advance a ‘safety is strong communities’ narrative with stories of vibrant, cross-border community-building.”

Discuss with your team the goals you have for your project and what you’re hoping your project will accomplish for your narrative.

1. What is your project impact goal? What impact do you want your project to have on your primary audiences? On your issue?

2. What is your narrative goal for this project? Are you trying to reframe or challenge your opposition’s narrative? Build support for your own? What is the narrative impact you want to have on your primary audiences?
Form Worksheet

**THIS WORKSHEET WILL HELP YOU GENERATE IDEAS** for what form your project will take. Developing the shape of a narrative project is part strategy, part creativity. We will provide some exploratory questions below to help you reflect on both.

Almost anything can serve as a vehicle to advance a narrative. Your project could take the form of a photography exhibit or YouTube video, a mixtape or a TikTok challenge, a science fiction series or a holiday-themed event. Or it could take the form of more traditional movement tactics such as direct actions, lobbying days, rallies, or marches.

Whatever form you choose, we invite you to use this worksheet to lean into your own creativity and have some fun brainstorming with your team.

**BRAINSTORMING QUESTIONS**

Feel free to explore any question in any order.

✶ What do you know about your audience? What do they like to do? Who influences them? What entertainment and media platforms are they on? What type of content do they typically like to experience or consume? What does this knowledge suggest about which forms would be likely to reach and resonate with them?

If you already know your narrative, what would it look like to embody it? What symbols or models might boldly illustrate your narrative?

Example: To change the dominant narrative about people with criminal records, the People’s Paper Coop worked with returning citizens to make recycled paper out of their old criminal records, put their photos on it, and write a caption describing what people don’t see about them when they look at their criminal records. They created murals with the resulting papers and used them as an advocacy tool.
What does your desired future look and feel like? What values are central to the society you are trying to build? What are the shared holidays, rituals, and celebrations that grow from those values? How would your society’s institutions function differently than they do now? Is there anything from that future that you could “bring back” and manifest now?

Example: To build power for a narrative supporting a $19 billion bank bailout, a group of Austrian architecture students created a scale model of a sustainable city that could be built for the same price tag as the bailout. They displayed the model in a public square and gave tours of the city to audiences.

Are any of your opposition’s narratives successful enough that it’s worth challenging them? Can you think of ways to satirize them? Can you think of ways to illuminate the harmful underlying deep narratives that drive the opposition’s narratives? Are there specific media platforms, channels, or in-person activations that are more likely to be effective in helping audiences divest from opposition narratives?

Example: The Greater than Fear campaign in Minnesota invited social media audiences to put photos of their dogs into a digital frame that made their dogs look like “dog-whistle-fighting” superheroes. People would then post the photos on social media to call out racist dog whistles from politicians.

Are there any significant symbols, locations, or dates that would help you illustrate the stories you want to highlight?

Example: Activist Bree Newsome scaled a 30-foot pole to take down the Confederate battle flag that was displayed on the grounds of the South Carolina State House in order to draw attention to institutionalized white supremacy symbolized by the flag at the seat of power.

What creative assets do you have access to? Do you know a local band? Are you a poet? Does your organization have a relationship with an artist? List out all the creative assets that come to mind. Knowing that you have those relationships, can you imagine a way to collaborate and integrate any of those assets into your project?

What kinds of activities and connections bring you joy? Can you think of project ideas that build on what you would have fun doing?
Step-by-Step Narrative Project Design Guide

THE STEP-BY-STEP NARRATIVE PROJECT DESIGN GUIDE is a multi-part worksheet to help you bring all of your project design elements together after you’ve completed the Narrative Pyramid, Audience, Goals, and Form Worksheets. Take the time with the previous tools so that by the time you sit down to develop your project timeline and budget, and advance into the more meticulous work-planning, your team feels confident and grounded in your project idea.

In this guide, questions will prompt you to plug in the results of your work from the Narrative Design Star worksheets. You will have a chance to dig a little deeper into your audience’s experience, and then you’ll move into project planning details.

LET’S GET STARTED!

44 Narrative
44 Goals
45 Audience
46 Design Part 1: Project Description and Form
47 Design Part 2: Timeline and Work-Plan
48 Design Part 3: Collaborators and Implementers
49 Design Part 4: Project Budget
YOUR NARRATIVES

Plug in the results of your Narrative Pyramid Worksheet here:

a Your Selected Narrative:
___________________________________________________________________________

b The Narrative(s) you are challenging (if applicable):
___________________________________________________________________________

c The Deep Narrative you are advancing:
___________________________________________________________________________

YOUR NARRATIVE & PROJECT IMPACT GOALS

Plug in the results of your Goals Worksheet here:

a Your project impact goal for this project:
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________

b Your narrative goal for this project:
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
YOUR SELECTED AUDIENCE

Plug in the results of your Audience Worksheet here:

<table>
<thead>
<tr>
<th>Describe your audiences:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Primary Audience</strong></td>
</tr>
<tr>
<td>This is the audience you are directly targeting with your project.</td>
</tr>
<tr>
<td><strong>Secondary Audience</strong></td>
</tr>
<tr>
<td>This is an audience who might encounter your project, and whom you have some intention to engage, but who is not your primary target.</td>
</tr>
<tr>
<td><strong>Opposition</strong></td>
</tr>
<tr>
<td>This is an audience who will resist or challenge your project. You will likely not target them directly, but it will be important to anticipate their reactions.</td>
</tr>
</tbody>
</table>

Take some time to reflect on your primary and secondary audiences and answer these questions.

- **a** Your project will need to directly reach your primary audience. Do you have what you need to directly reach your primary audience? How and where will you reach them? How and where will you reach your secondary audience?

- **b** What is your hypothesis that explains why you believe your project will work on your audiences? What do you know about your audiences and what are your assumptions that lead you to believe your project will have the intended impact?
**PROJECT DESCRIPTION AND FORM**

**a** In a few short sentences, describe your narrative project idea here in a logline.  
*Example: (short description + audience + narrative + deep narrative)* This video series for Instagram targets persuadable, non-immigrant millennials of color who have participated in Black Lives Matter protests through a variety of short, easily accessible stories. Our narrative is: *just immigration is central to a racial justice agenda. We intend to advance deep narratives of mutuality and community—that we all belong to each other and that we need to look out for each other.*

___________________________________________________________________________  
___________________________________________________________________________  
___________________________________________________________________________  
___________________________________________________________________________  
___________________________________________________________________________

**b** Where will your project be implemented? Name your platform or venue. Use the final decisions from the Form Worksheet in the Design Star here.

___________________________________________________________________________  
___________________________________________________________________________  
___________________________________________________________________________  
___________________________________________________________________________

**c** What will your target audience experience when encountering your project? Please be as descriptive here as possible, for instance: What will an audience member see or hear? What setting will they be in? What emotions are you hoping they will feel?

___________________________________________________________________________  
___________________________________________________________________________  
___________________________________________________________________________

**d** How will your project move your audience? How may it help put your audience in their “stretch zone”?

___________________________________________________________________________  
___________________________________________________________________________  
___________________________________________________________________________
### Project Design Timeline

In this section, lay out the activities and steps involved in the design, implementation, and testing of your project. List dates where applicable.

Make sure in your activities you are documenting when you will be doing activities for the following:

- Project Design
- Project Implementation
- Project Testing

<table>
<thead>
<tr>
<th>PROJECT PHASE</th>
<th>YOUR PROJECT ACTIVITIES</th>
<th>MONTH OF IMPLEMENTATION</th>
<th>STATUS AND NOTES (<em>use this column to track your own progress</em>)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Design and Pre-Testing</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Project Implementation and Testing</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Results and Learning</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## PROJECT COLLABORATORS AND IMPLEMENTATION TEAM

Use the grid below to list names of people and organizations who will be directly responsible for the success of your project, and who will help you design, implement and evaluate it.

Who will you collaborate with in order to make your project happen? Besides yourself, who will help implement your idea and evaluate the results?

<table>
<thead>
<tr>
<th>Process</th>
<th>Names of Collaborators and Implementers</th>
<th>Engaged by When?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Project Design</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Implementing Your Project</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Evaluating Results/Reactions to your project</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

While completing this section, you may also want to look at our [Introduction to Narrative System and Narrative Ecosystem](#) to spark more thinking about the process of collaboration.
## Project Budget

Use this template below to share your project budget for your project design, implementation, and testing.

<table>
<thead>
<tr>
<th>Activity and Expense Description</th>
<th>Projected Expense</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total Project Budget Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Amount Fundraised</td>
</tr>
</tbody>
</table>
An Introduction to the Narrative System and the Narrative Ecosystem

BECAUSE WE EACH HAVE A PART TO PLAY in winning the culture, and because a multiplicity of narratives and approaches are necessary to ensure a thriving world for all, we introduce the frameworks of a narrative system and a narrative ecosystem.

People are moved and activated in different ways, along different timelines, and never just within the context of legislative, electoral, or policy campaigns. We have a better chance of building narrative power if we work with each other on different fronts, at different timelines, to move different audiences in the same direction. As a movement, we should aspire to reach people all the time.

As you design your project, use the narrative system framework to help you choose the deep narratives with which your project will align. Use the narrative ecosystem framework to help you think about how your project relates to others’ work to collectively move people towards our worldview.

**Interdependence**
We recognize our interdependence with each other and with all life. We recognize that our fate is interconnected with each other’s, and so we practice mutuality.

**Abundance**
We recognize that there is enough for all if we live in alignment and the right relationship with the world around us, practicing love, care, community, and regeneration. When we center mindsets of sufficiency and generosity, resources can flourish into abundance. We call people toward an abundance of imagination, to make a leap with us toward our shared future.

**Belonging**
We see each other, welcome each other, and call each other into community. We recognize and respect the diversity of our peoples and communities, acknowledging differences as invigorating and powerful assets that push us toward transformation. We see each other’s joys and struggles with clear eyes, and care for each other as if our own. We recognize the ways that systems have oppressed and harmed people differently and make equity our central practice.

**Safety**
We collaborate as communities to ensure collective wellbeing and peace with justice. We build these solutions in community and use equity as our guiding principle, seeking to repair the harm against those most impacted.

**Dignity**
We believe in the inherent value and dignity of all life that exists. All should be able to exist and express their pride in being, practicing and transmitting their identities, such as their cultures, languages, and spiritual beliefs, as long as they do not harm or debase the dignity of others.

**Freedom to Thrive**
We believe all beings should thrive and that communities and cultures should have equal agency to make decisions about their lives, relationships, communities, and futures. In balance and alignment with our world, we should be able to pursue our dreams, engage in quality and fulfilling work, and live with joy, dignity, and love, regardless of race, national origin, gender identity, class, caste, religion, and ability.
**NARRATIVE SYSTEM**

We define a narrative system as a set of deep narratives that together describe the worldview we want to activate at a majority level. A narrative system provides a “destination” to ground narrative projects ranging from rapid-response and policy campaigns to cultural strategies and longer-term narrative work. It sets our values, helps us to find alignment and consensus across projects and timelines, and allows us to connect our work with other social movements.

The Butterfly Lab cohort developed a narrative system to challenge the status quo. This system is anchored in six deep narratives: **Interdependence, Abundance, Belonging, Safety, Freedom to Thrive,** and **Dignity** to inform the narrative strategy work our movements need now. After reading them, ask:

- What one or two deep narratives are most resonant with the work that you are currently doing?
- Which deep narratives would require that you stretch your practices and develop new stories?
- What aligned relationships might you build with partners, collaborators, and/or allies to extend the impact of your collective work?

**NARRATIVE ECOSYSTEM**

Our movement has an abundance of skills, capacities, and ideas. Building bridges that facilitate the easyful sharing of visions, strategies, and resources is vital in our movements. We define a narrative ecosystem as a network of connected individuals and organizations that can share knowledge, expertise, skills, ideas, capacities, and work to advance a narrative system across a diversity of fronts along different timelines.
The framework of a narrative ecosystem helps us imagine how we might be able to align ourselves with each other and work together in rapid-response and campaign timelines as well as longer timelines simultaneously.

To develop an ecosystem that prioritizes collaboration, relationality, and power-sharing, start by identifying your own role within it. The following are introductory prompts to which we encourage you to return at each step of your narrative design process. They can help you stay centered while thinking about how to forge stronger relationships.

» Who are you? Think expansively and acknowledge how you arrived at this present moment. Who helped you? What has inspired and shaped you?

» Who are your people? There is a Spanish proverb that goes, “Tell me who you walk with and I will tell you who you are.” Consider all of your human and other than human relatives. What are the places, peoples, communities, geographies, and experiences to which you feel connected?

» Where are you going? What goals are you working toward—personally, culturally, and beyond? What vision of the world motivates you? What do you need to learn and what capacities do you still need to build?

» With whom will you build relationships? Whose work and goals are complementary to yours? Who might extend your capacities or teach you new capacities? What aligned relationships might you build with partners, collaborators, and/or allies to extend the impact of your collective work?

The Social Change Ecosystem Map by Deepa Iyer at Building Movement Project is a useful tool for further identifying the texture of particular roles you might hold in building cultural and narrative power.
Toolkit Acknowledgements and Credits

THE WORK OF THE BUTTERFLY LAB would not have been possible without the invaluable contributions of artists and organizers across movements who have developed their own methodologies, theories of change, and practices. We’ve had the privilege of learning from the work of many practitioners, experts, narrative organizations, collaborators, artists and culture workers, and thinkers. We acknowledge that we are one part of a much larger narrative and cultural ecosystem. And we’re grateful to give credit and appreciation to this stellar community of narrative and culture change-makers and social justice leaders who have guided our journey. For a full list of credits, please see our report.

THE BUTTERFLY LAB STAFF:

This Butterfly Lab toolkit was written by the Butterfly Lab staff team, comprised of Jeff Chang, Nayantara Sen, Janelle Treibitz, sâra abdullah, and Kana Hammon.
Our Constellation: A Poem Of Perfection
Co-composed by the Butterfly Lab Cohort

Breathing in the stars I am water
I arrived with my ancestors, dreaming freedom
I arrived with gifts, you welcomed me.

Love, seeing ourselves as others, no borders
We wrap our arms around one another
We make our home where we are
Community, connection, rooted in freedom and love
We live to make room for belonging.

Freedom to stay, thrive, purposefully migrating for joy & love
Freedom of movement makes global movement
Human dignity, grounded by ancestors, creates the future.

We are authoring the future of freedoms
Our future is whatever we imagine:
“A world where all worlds can fit.”